

OUEC Newsletter

Hi Explorers,

(1) Expedition Medicine: Part II

This week, we have the second part of the <u>Expedition Medicine talk</u> led by Eurion Leonard-Pugh.

This session will introduce the basic principles of emergency first aid, including patient assessment with limited resources and simple lifesaving interventions. We will cover scenarios that you might encounter when on an expedition, such as extremes of temperature and the effects of altitude.

Eurion Leonard-Pugh: Expedition Medicine Part II

Date: Tue 17 May 2022

Venue: <u>Teams</u>
Time: 19.30h

(2) Find a Fellow Explorer

We are very keen to support future Expeditions so we want to help explorers connect with other potential Expedition members, whether you're looking for someone to complete your Expedition team or you're interested in putting a team together from scratch.

We've created a <u>Facebook group</u> to help connect Explorers with each other.

Alternatively, you can fill out this <u>form</u> and we'll put you in touch via email with other Explorers.

(3) 2021/22 Events

If you've attended any of our events this year, we'd love to see your photos! Don't forget to tag us on Instagram <u>@Oxford.Exploration</u> or <u>Facebook!</u>

We'd also like to hear from you about your experiences as OUEC members attending our events this year.

We'll be compiling an Annual Report at the end of the year, where these may be featured!

You can send these to carla.fuenteslopez@st-hughs.ox.ac.uk

Always keep exploring! ~ Carla, **OUEC President**







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