

[OUEC] HT 24 Week 8 Newsletter

Michael Murphy (via ouec Mailing List) <ouec@maillist.ox.ac.uk>

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To:ouec@maillist.ox.ac.uk <ouec@maillist.ox.ac.uk>

## Oxford University Exploration Club Hilary 2024 Week 8



### Week 8 Meeting Masterclass: Expedition Filmmaking with Sophie Carlarne



Sophie is a filmmaker and producer with a few documentaries and short films under her name. Currently, she is producing the documentary of the Oxford Principe Expedition (2023).

Designed to be accessible to those with little experience as well as those who are already making their own films, this Masterclass will contain hints for all participants to help enhance the quality of their future work, as well as specific tips for expedition filmmaking.

Free for OUEC members / £5 for non-members

**Where: The Queen's College, High Street Entrance**

**When: Tuesday 5th March. 19:30**



## **A Warm Welcome to UCL Expedition and Fieldwork Society**

We're always heartened to see more explorers joining the community. Recently, University College London established their own exploration club, the UCL Expedition Society. UCLEFS have already reached out to us with interest in collaboration! In the meantime, we encourage our members to reach out– London is only a short train ride away!

The members of the OUEC Committee would like to congratulate the committee of the UCL Expeditions and Fieldwork Society, and welcome them to the exploration community!

Find UCLEFS on their socials:

[Instagram](#)



## **Reviews**



***Mountaincraft and Leadership, by Eric Langmuir***

**Review by Michael Murphy**

The [British Mountain Training](#) program has been responsible for training and assessing mountain guides for decades. These guides lead expeditions into every conceivable environment, from the lowlands of Dartmoor to the Himalayas, and encounter the most brutal conditions that nature has to offer. [Mountaincraft and Leadership](#) is their bible.

Written by Eric Langmuir in 1984, "*Mountaincraft*" is now in its 4th edition. It has been updated with modern scientific knowledge, advanced recommendations, and incorporates modern exploration technology. The book is written in very plain English with very little fluff, loads of illustrations, and an easy to navigate format. It scaffolds skill building intuitively, so that any novice can finish the book an

adept explorer, with at least a baseline of emergency and survival information at hand. Chapters include: Navigation, Hillwalking Technique, Campcraft and Expeditions, Food and Nutrition, Access and Conservation, Security on Steep Ground, River Crossing, Mountain Weather, Mountain Hypothermia, Effects of Heat, First Aid, Incident Management and Mountain Rescue, Party Leadership, Technique on Snow and Ice, Security on Snow and Ice, Snow and Avalanches and Cold Injury.

As explorers, our expeditions take us to remote locations. We can anticipate that emergencies will happen and help will be far away. It is essential for explorers to have the basic skills to plan a trip with these in mind, prepare contingencies, lead a team, recognize dangers, and—if the worst should happen—be able to articulately navigate rough conditions and injuries. In my mind, there is no better resource for training in everything from navigation and campcraft to avalanches and injuries.



## Upcoming Grant Deadlines

The Oxford University Expedition Grant deadline might be over, but that doesn't mean there's not heaps of funding out there! We have compiled a list of upcoming grant deadlines (dates correct as of 4 March 2024). Please note that the Exploration Club does not play any role in the application or selection process. Please refer to the Grant Body's website for full details.

1. National Geographic Society (<https://www.nationalgeographic.org/society/grants-and-investments/>)

Level I & Level II – 11.59 pm (Eastern Timezone) on 11 April 2024. Funding decisions in September 2024.

2. Captain Scott Society (<https://captainscottsociety.com/>) - end of March 2024.

3. Additional Grants

Please visit this website for details and deadlines: <https://www.rgs.org/in-the-field/advice-and-training/plan-an-expedition/other-funding-sources>



## Stash Incoming!

We will soon be taking orders for stash!

The Committee are meeting tonight to make final decisions for stash! At long last, be prepared to represent OUEC in the jungles, on the tundra, and in the meeting room!



## Join our WhatsApp Group!

Members can now join our WhatsApp group by clicking on the following link:

<https://chat.whatsapp.com/GpEHUcol8veLC5mrJbgLSP>



## Membership

Benefits of OUEC membership include:

- Free access to all our weekly talks & workshops
- Ability to apply for Expeditions Council funding
- Subsidised OUEC stash (fleeces, jackets and hats)
- Subsidised tickets to expedition related events across the country (e.g. RGS Explore)
- Access to a range of expedition planning resources and documents
- Access to a network of explorers and Oxford alumni
- Weekly opportunities to meet different explorers who come to speak for the Club
- An opportunity to be part of one of Oxford's oldest clubs with a long history of exploring the globe

Our current prices are:

Term - £10

Year - £20

Life - £35

Find out more and register here: <https://www.ouec.co.uk/membership>. Payment can be completed in-person at an event (cash or card), or via bank transfer.



## OUEC Platforms

Finally, please find all of our social media platforms and website below. This is the most up-to-date listing.

[OUEC Linktree](#)

[OUEC WhatsApp Group](#)



Many thanks to all of our members, new and old. We look forward to seeing you soon!

Matthew Buckley, Chairman

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**Our mailing address is:**

Oxford University Exploration Club  
The Queen's College  
High Street  
Oxford, Oxfordshire OX1 4AW  
United Kingdom

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